क्षेत्रीय आयुर्विज्ञान संस्थान, इंफाल: मणिपुर
REGIONAL INSTITUTE OF MEDICAL SCIENCES, IMPHAL, MANIPUR
(स्वास्थ्य और परिवार कल्याण मंत्रालय,भारत सरकार के अंतर्गत एक स्वायत्त संस्थान)
(An Autonomous Institute under the Ministry of Health & Family Welfare, Govt. of India)

Phone : 0385- 2414720
         0385-2414750
e-mail : rims@rims.edu.in
website : www.rims.edu.in

OFFICE MEMORANDUM
Imphal, the 12ᵗʰ July, 2024

Subject: **Preparation of List of Health Awareness Days to be celebrated/organised by the respective Departments of RIMS, Imphal– reg.**

No. B/3602/2024-RIMS: In order to facilitate the organisation of celebration of various Health Awareness Days to be celebrated by various Departments of RIMS, Imphal, this Institute is in the process of compiling a list of such Health Awareness Days.

2. Medical Superintendent, RIMSH, Dean (Academics), Principals of Dental College/College of Nursing and all the concerned Heads of Departments of RIMS, Imphal, are requested to submit a list of Health Awareness Days to be celebrated/organised by their respective College/Departments in a calendar year, to the undersigned, **latest by Saturday, the 22ⁿᵈ July, 2024,** so that those could be included in the said list. A tentative list of Health Awareness Days, compiled so far, is enclosed for ready reference/corrections, if any.

3. It is also requested that soft copy of the said list from the respective College/Departments, may also be sent by e-mail at – rims.imphal@gov.in

4. This issues with the approval of Director, RIMS, Imphal.

12/07/24

(R.K. Mecolt Singh)
Deputy Director (Admin)

To,

i) PS to Director, RIMS
ii) Medical Superintendent, RIMSH, Imphal.
iii) Dean(Academics)
iv) Principals of Dental College/College of Nursing
v) All Head of Departments /Units/Sections
vi) Chief Nursing Officer
vii) System Administrator – *for sending this O.M. and its enclosures by email to all concerned as well as uploading on the Website.*

Health Awareness Days

January:

- January 29: World Leprosy Day (Last Sunday of every January)
- January 30: World Neglected Tropical Diseases Day
- January 01 to 31: Cervical Health Awareness Month

February:
- February 4: World Cancer Day
- February 9: National Toothache Day (India)
- February 11: International Day of Women and Girls in Science
- February 13 – International Epilepsy Day (Every year on 2nd Monday of February)
- February 28: National Science Day (India)
- February 28 – Rare Disease Day

March:
- March 3: World Hearing Day
- March 8: International Women's Day
- March 10: National Kidney Day (India)
- March 12: World Glaucoma Day
- March 16: National Immunisation Day
- March 18: World Sleep Day
- March 20: World Oral Health Day
- March 21: World Down Syndrome Day
- March 23: World Water Day
- March 24: World Tuberculosis Day

April:
- April 2: World Autism Awareness Day
- April 7: World Health Day
- April 11-17: World Immunization Week
- April 11: World Parkinson's Disease Day
- April 22: Earth Day
- April 24: World Meningitis Day
- April 25: World Malaria Day
- April 28: World Day for Safety and Health at Work
- April 24 to 30: World Immunization Week

May:
- May 3: World Asthma Day
- Mar 4: World Obesity Day
- May 5: World Hand Hygiene Day
- May 8: World Thalassemia Day
- May 12: International Nurses Day
- May 17: World Hypertension Day
- May 18: World AIDS Vaccine Day
- May 31: World No Tobacco Day

June:
- June 5: World Environment Day
- June 14: World Blood Donor Day
- June 18: Autistic Pride Day
- June 21: International Day of Yoga

July:

- July 1: National Doctors' Day (India)
- July 11: World Population Day
- July 28: World Hepatitis Day

August:
- August 01 to 07: World Breast Feeding Week
- August 12: International Youth Day
- August 13: World Organ Donation Day
- August 29: National Sports Day (India)

September:
- September 8: World Physiotherapy Day
- September 10: World Suicide Prevention Day
- September 17: World Patient Safety Day
- September 21: World Alzheimer's Day
- September 28: World Rabies Day
- September 29: World Heart Day

October:
- October 9: World Sight Day
- October 10: World Mental Health Day
- October 12: World Arthritis Day
- October 24: World Polio Day
- October 29: World Stroke Day
- October 01 to 31: Breast Cancer Awareness Month

November:
- November 14: World Diabetes Day
- November 16: World COPD Day (3rd Wednesday, Nov 2022)
- November 18 to 24: World Antimicrobial Awareness Week / World Antibiotics Awareness Week
- November 01 to 30: Pancreatic Cancer Awareness Month
- November 01 to 30: Lung Cancer Awareness Month
- November 01 to 30: Stomach Cancer Awareness Month
- November 01 to 30: Prostate Cancer Awareness Month / Prostate Health Month

December:
- December 1: World AIDS Day
- December 3: International Day of Persons with Disabilities